



## Dress Code

- Hair tied up, no jewelry.
- Sleeveless black leotard.
- "Leggings" or black shorts.
- Pink tights and ballet slippers (if you have them).
- Flip-flop's to move between the studios and in the Aberdeen cultural center.

Dance clothing is available at the DansEncorps office if needed.

**Bring a healthy lunch every day, as well as two nutritious snacks, a reusable water bottle, walking shoes and sunscreen.**

## Online Registration



## Fees

\$290 + taxes (for one week)

- No refunds after June 1th.

## Rebate

Two-week camp - **20%**

## Contact us!

☎ (506)-855-0998

🌐 [info@dansencorps.ca](mailto:info@dansencorps.ca)

📍 Centre Culturel Aberdeen  
14 - 140 rue Botsford  
Moncton, NB , E1C4X5

DANS SINCE 1979 NCORPS INC.

## SUMMER CAMP 2025



**WEEK 1**

**7th - 11th july**

**WEEK 2**

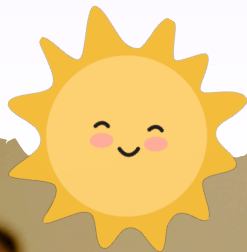
**14th - 18th july**

# Dance Camp

## 5 to 12 years old

Every day, the students will have three dance lessons of various styles with a progression during the week. Different cultural activities are added to the daily schedule depending on the day and the weather. In order to help the students create connections beyond the classes, games, various workshops and crafts are organized. We also welcome guests from the arts and crafts community to diversify their learning experience.

There will be an informal demonstration on Fridays at 3:30 pm.



## SCHEDULE\*

TIME	ACTIVITY
8:30 - 9:30	Dance class
9:30 - 10:05	Creative process workshop
10:05 - 10:30	Snack
10:30 - 11:00	Outdoor activity
11:00 - 12:00	Dance class
12:00 - 13:00	Lunch
13:00 - 14:15	Cultural activity
14:15 - 15:15	Dance class
15:15 - 15:35	Snack
15:35 - 16:15	Crafts



\*Subject to change



## Dance Styles

### Ballet

Formal and demanding technical style that develops turn-out and the precision of movements, especially of the feet.

### Contemporary

Contemporary dance develops motor and expressive skills, both through contraction and relaxation, through ebb and flow, and finally through loss of balance and its recovery.

### Hiphop

A popular dance class that teaches street and mainstream styles. This class develops coordination, rhythm and expression of personal style.

### Jazz

A technical class that stands out for its style, execution and musicality. This style is based on the isolation of body parts and on more dynamic and direct movements.